

Lunch week 3

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	SAUSAGE & MASH WITH RED ONION GRAVY	COTTAGE PIE	ROAST GAMMON POTATOES & GRAVY	CHICKEN CURRY & RICE	FISHCAKE CHIPS PEAS / BEANS
PLANT BASED MAIN MEAL / VEGETARIAN	VEGETABLE CHILLI & WEDGES (V)	ORIENTAL SPRING ROLL SWEET CHILLI SAUCE (V)	VEGETABLE SAUSAGE (V)	VEGGIE QUESADILLA (V)	CHEESE PASTIES (V)
STREET FOOD	CHICKEN BURGER IN A BUN	CHICKEN TIKKA FLATBREAD	HAM & CHEESE PANINIS	BEEFBURGER IN A BUN	JUMBO SAUSAGE & CHIPS
TAKEAWAY TUBS	LOADED WEDGES & PULLED PORK	CHICKEN CHUNKS & FRIES	CHICKEN BIRYANI	CHILLI CHEESE NACHOS (V)	BEEF PASTY
	HERBY TOMATO (V)	TOMATO & MASCAPONE (V)	PASTA BOLOGNESE	MAC 'N' CHEESE (V)	CHORIZO
PIZZA SLICE	MARGHERITA (V)	HAM & CHEESE	MARGHERITA (V)	HAM & CHEESE	MARGHERITA (V)
	PEPPERONI	MARGHERITA (V)	PEPPERONI	MARGHERITA (V)	PEPPERONI
DESSERT	STEAMED SPONGE	FRUIT CRUMBLE	FLAPJACK	CHOCOLATE BROWNIE	CRISPY CRACKLE BUN

Meal Deal

Main meal with vegetables and dessert



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£2.53

All of our main meals, sandwiches & desserts are freshly made on site every day