

# Lunch week 2

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	LASAGNE SALAD & GARLIC BREAD	BEEF & VEGETABLE PIE	ROAST CHICKEN WITH SEASONAL VEG & POTATOES	CHICKEN CURRY & RICE	FISHFINGERS CHIPS, PEAS & TARTARE SAUCE
<b>PLANT BASED MAIN MEAL / VEGETARIAN</b>	TOMATO & BASIL SPAGHETTI (V)	CHEESE & ONION PASTY (V)	TOAD IN THE HOLE (V)	ONION BAHJI FLATBREAD & MINT YOGURT (V)	CHEESE & POTATO PATTY (V)
<b>STREET FOOD</b>	CHICKEN TIKKA WRAP	CHILLI CHEESE & NACHOS (V)	HAM & CHEESE PANINI	CHICKEN SALSA WRAP	CHICKEN BURGER
<b>TAKEAWAY TUBS</b>	SAUSAGES & SPICY WEDGES	CHICKEN CHUNKS & FRIES	CHICKEN TIKKA & NOODLES	PATATAS BRAVAS (V)	TANDOORI BIRYANI
	HERBY TOMATO (V)	CHORIZO PASTA	PASTA BOLOGNESE	TOMATO & MEATBALL	TOMATO & MASCAPONE (V)
<b>PIZZA SLICE</b>	MARGHERITA (V)	HAM & CHEESE	MARGHERITA (V)	HAM & CHEESE	MARGHERITA (V)
	PEPPERONI	MARGHERITA (V)	PEPPERONI	MARGHERITA (V)	PEPPERONI
<b>JACKETS</b>	CHEESE- BEANS-TUNA MAYO				
<b>DESSERTS</b>	FLAPJACK & CUSTARD	CHOC SPONGE & CUSTARD	LEMON LOVECAKE & CUSTARD	CHOC OAT DELIGHT CUSTARD	CHOC CHIP MUFFIN

## Meal Deal

Main meal with vegetables and dessert



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## £2.53

All of our main meals, sandwiches & desserts are freshly made on site every day