

Lunch week 3

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £2.60	CHICKEN & BACON PASTA BAKE	MINCE BEEF & VEGETABLE PIE WITH VEGETABLES & POTATOES	ROAST CHICKEN WITH VEGETABLES, POTATOES & GRAVY	CHICKEN CURRY & RICE	BATTERED FISH WITH PEAS CHIPS & TARTARE SAUCE
PLANT BASED MAIN MEAL / VEGETARIAN £2.60	VEGETABLE COTTAGE PIE (V)	QUORN CHILI BURRITO WITH SALSA & SOUR CREAM (V)	VEGETABLE LASAGNE (V)	THAI GREEN VEGETABLE CURRY (V)	ORIENTAL SPRING ROLL SWEET CHILLI SAUCE (V)
STREET FOOD £2.25	CHICKEN TIKKA IN A FLAT BREAD	ITALIAN SUB	VARIOUS PANINIS	MEATBALL SUB	JUMBO SAUSAGE & CHIPS
TAKEAWAY TUBS £2.60	MEATBALLS ITALIANO	CHICKEN CHUNKS & FRIES	CHICKEN ALFREDO	CHILLI CHEESE NACHOS	CHICKEN BIYANI
	PENNE ARRABIATA (V)	ONION BHAJI & SALAD WITH MINT SAUCE (V)	SPAGHETTI POMODORO	MAC 'N' CHEESE (V)	MEATFEAST PASTA
PIZZA SLICE £1.85	MARGHERITA (V)	HAM & CHEESE	MARGHERITA (V)	PEPPERONI	MARGHERITA (V)
	PEPPERONI	MARGHERITA (V)	CHICKEN TIKKA	MARGHERITA (V)	HAM
JACKETS	CHEESE BEANS				
DESSERTS	STEAMED SYRUP SPONGE & CUSTARD	FLAPJACK & CUSTARD	BANOFFEE PIE	MIXED FRUIT PIE WITH CUSTARD	JAM DOUGHNUT

Meal Deal
Main meal
with vegetables
and dessert



+



+



£2.60

All of our main meals, sandwiches & desserts are freshly made on site every day